

PEvents

A monthly publication of news and views at Person Industries

September
2009

Volume 12, Issue 9

Come See How It Works at the Grand Opening of PCRC!



PI employees sort recycling materials that arrive comingled at the Person County Recycling Center.

The Person County Recycling Center (PCRC) will hold a Grand Opening Celebration on September 11–12, 2009. The

Grand Opening will be an opportunity to welcome the community to the recycling center as well as inform all of what's

going on there. The plans are coming together so that the two day event will be informative and an incentive to recycle.

The kickoff event for the Grand opening will be the Ribbon Cutting on Friday, September 11th at 10:00. In addition to local county and city leaders, Winkie Wilkins, NC Representative from District 55 will be on hand to support Person County's recycling efforts. Individuals, groups (civic or school) and businesses are then welcome to tour the center to see how it works.

PI wants everyone to come away from the event with a clear understanding of how important it is to recycle in our community and how to do it. They will learn what materials

Continued on page 2

Special points of interest:

- Person County Government Employees will take a second furlough day for the 2010 fiscal year. On Friday, September 4, 2009, PI will be closed in its entirety. Staff and employees may not report to work or use any type of paid leave.
- Congratulations to PATS for 10 years in business!



PI Prepares for H1N1 Flu

As Fall approaches, thoughts naturally turn to cooler weather and all that comes with it—the flu season being just one of those things. This year's flu season is expected to be especially challenging because of the H1N1 virus widely reported in the news.

H1N1, formerly called the swine flu, is a contagious respiratory illness caused by a new strain of influenza virus. In June 2009, it was declared a pandemic—simply meaning it is everywhere in the world. The symptoms for H1N1 are:

- fever
- sore throat
- chills
- diarrhea
- runny or stuffy nose
- cough
- body aches
- fatigue
- vomiting
- headache

Medical researchers are working very hard to have a vaccine developed by late Fall, however, they do recommend the following course of action to prevent the flu:

- Wash your hands often with soap and water (at least 20 seconds), especially after you cough or sneeze. Alcohol based cleaners are also effective.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.

- If you get sick with the flu, stay home from work or school and limit contact with others to keep from making them sick.
- Seasonal flu vaccine is still important. Do not wait for the H1N1 Vaccine to arrive. Get the recommended seasonal flu vaccine when it becomes available.
- Get the recommended H1N1 vaccine when it becomes available.

We encourage all staff and employees to follow these recommendations closely for your own safety and that of your coworkers. If you suspect you have the flu, including H1N1 and feel that your staying at home will result in disciplinary action, please speak to your immediate supervisor.

Inside this issue:

Recycling Awareness Grows	2
PCRC Has Freon Cert.	2
Map to Grand Opening	2
Employees Reminded of Banquet	3
Up Close at Person	3
Words of Wellness	3
Calendar of Events	4

Community Grows in Recycling Awareness

Logan Becomes “Recycle Police”



Logan Whitfield, 4½, has become an avid recycler.

In the Whitfield Family, Logan, just 4½, has assumed the role of “Recycle Police” according to parents Debbie and Brian Whitfield. Debbie, also the Accounting Supervisor in the Person County Finance Department, reports that after Logan was shown how to recycle and how to look for the “triangle” on the bottom of plastic bottles, she and Daddy Brian have been scolded for putting something in the garbage that had a triangle on it. “Logan is actually fishing through the garbage now and we are calling him the Recycle Police” said Debbie. After Logan made his first trip to PCRC with his dad, he called mom and proudly reported, “We went to the recycle place”.

Thanks Logan for heading up the recycling efforts in your family! Also, thanks to Mom and Dad for showing him the “triangle”.

As Person County Recycling Center (PCRC) moves into its third month of operation, PI is very pleased with the rate at which people and businesses in the community are coming aboard the recycling bandwagon.

Businesses and community groups continue to request presentations for their employees and members to become knowledgeable of recycling. PI is also continuing to make presentations with youth groups, recognizing that young members of the family can be powerfully motivating forces (See box to left.). PCRC is also providing recycling containers at football games and other major events like the Personality Festival.

As a result, the volume of materials being collected is slowly increasing. Due to increased interest, PI has moved up the date for accepting certain materials and even began accepting materials that previously were not on the list of accepted items. Scrap metal was slated for acceptance on October 1 but is currently being accepted as are plastic bags and plastic flower pots. As of October 1, PCRC will begin accepting automotive oil, oil filters, batteries and fluorescent light bulbs.

We thank everyone who is using PCRC now and strongly encourage all Personians to become recyclers.

Come See How It Works at the Grand Opening of PCRC!

Continued from page 1

are accepted at PCRC and how they’re processed. An added benefit is that vendors, aka end users, will be on hand to show what can be produced from recycled materials. The center will operate as usual during the grand opening activities so that the public can truly see how it works.

Saturday’s activities will begin at 9:00 a.m. with an old fashioned parade with a slight twist. Organized by PC Pride, a local community advocacy group, the parade will feature a marching band and antique cars, but will also be open to anyone from the community with recyclable materials to join. It will be lead by the “Can Guy”, a character from recycling

education materials, and will feature the Person High School Marching Band. To join the parade, individuals are asked to arrive at the Old Person County School Bus Garage located on the corner of Leasburg Road and Winhaven Street at 8:45 a.m. with recyclable materials in tow. The parade will begin at the Old School Bus Garage and proceed down Leasburg Road and onto Martin Street, ending at the Recycling Center at 741 Martin Street. (See map and parade route on page 3.)

Community groups will host booths at Saturday’s event and hold fund raising yard sales. PI will join yard sellers by selling off non recyclable items received at PCRC. We also ask that

everyone drop by the PI table to purchase sturdy recycling bins and recycling t-shirts designed by Bee-Line Designs. All proceeds go back to PCRC. The day’s activities will conclude with a drawing for door prizes at 2:00 pm. Only recyclers are eligible to win.

PI thanks PC Pride and the Roxboro Area Chamber of Commerce for helping sponsor our Grand Opening Celebration. We also thank Person County Government for helping to make PCRC a reality. And we encourage all of you to become recyclers after seeing how it works on September 11 & 12th!

PCRC Operating Hours

Monday—Friday
7:00 a.m.—5:30 p.m.

Saturday
8:00 a.m.—5:30 p.m.

Sunday
Closed

PCRC Now Has EPA Certification for Freon Removal

The Person County Recycling Center is now able to complete the process for recycling white goods containing Freon thanks to certifications awarded to Rhonda Gentry and Tracey Humphreys. Because of the need to have personnel certified in this skill, Rhonda and Tracey both enrolled in a Summer Online Refrigerator

and Certification Course through Vance-Granville Community College. Both successfully passed the test and are now certified by the Environmental Protection Agency to remove Freon.

Since the two obtained their certifications, PCRC can now remove and recycle Freon in refrigerators, air

conditioners, etc. This gives PCRC one more offering and puts it one step closer to being a fully functional materials recovery facility.

PI thanks Rhonda and Tracey for giving some of their summer to being students and congratulate them on this outstanding achievement!

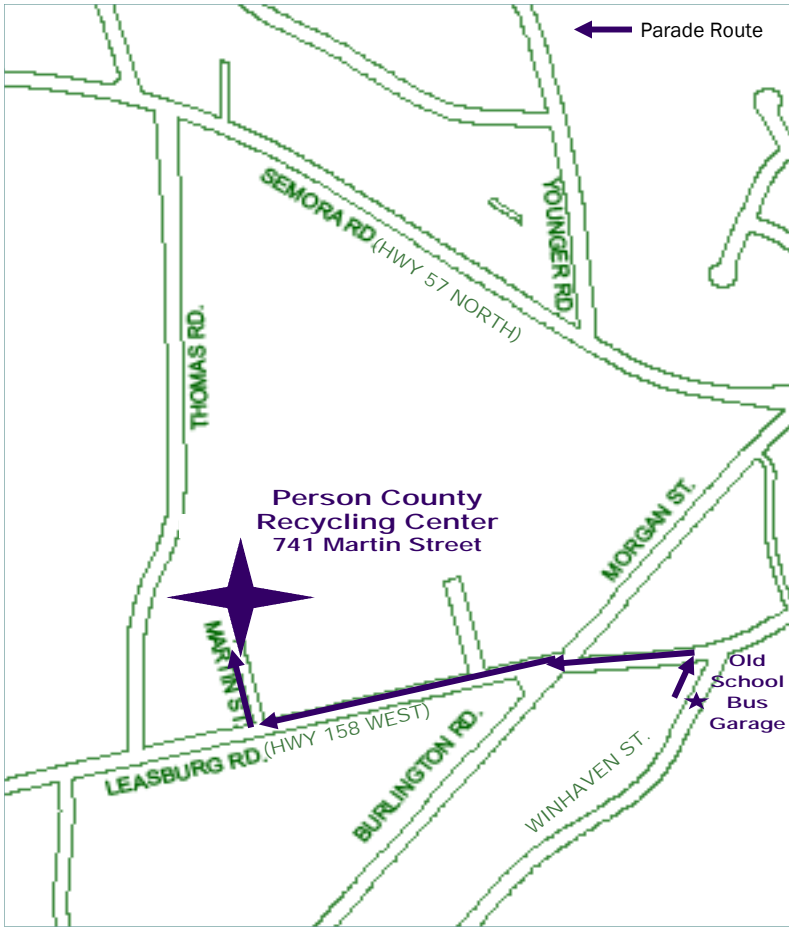


Rhonda Gentry



Jerry Tracey Humphrey

Map to Person County Recycling Center



Employees Reminded of Employee Appreciation Banquet

PI will host the annual Employee Appreciation Banquet on September 18, 2009 at the Homestead Festival House from 5:00 to 9:00 pm. The banquet, as in previous years, will award employees with outstanding productivity as well as recognize those who have been successfully em-

ployed in the community.

Tickets will be made available during the week of September 14th. Each employee will be allowed to bring one guest and must be present for the guest ticket to be used. Children three and under may attend without a ticket.

Up Close at Person

• We send our condolences to Katherine Clayton on the death of her mother, Mary Earle Burger. Ms. Burger died on August 11, 2009 after a lengthy illness. Katherine, formerly Vocational Rehabilitation Counselor and now Social Worker with the Person County School System, is a dear friend to the PI family.

Shelia Long, PI Habilitation Assistant, as she cares for her seriously ill husband. Shelia is making a valiant effort to work when she is able but is taking Family and Medical Leave as necessary. Person County Government is accepting leave donations through September 3rd for Shelia. If you would like to contribute leave, please contact Angie Warren at awarren@personcounty.net.

• Our thoughts and prayers are with

Words of Wellness



Leigh Ann Creson,
Health Promotion
Coordinator
Person County
Health Department

For any die hard grill-master, their motto is likely – if you can eat it, you can grill it. In many cases this is true. Grilling is a great way to cook up healthy, quick summer fare. Grilled foods are healthier options because you use less fat and oil when preparing them. And as an added bonus cooking on the grill keeps your house cooler in the warmer months because you’re taking the heat outside. Here are some foods that cook up well when grilled – including some that may even surprise you:

- Bread – Set your grill to medium and lightly brush thickly sliced bread with olive oil. Set bread on grill but be sure to keep an eye on it – it cooks up quickly in 1-2 minutes.
- Fruit – Heat from the grill will caramelize sugars in the fruit to make a sweet treat. Think pineapple, pears, peaches, mango and melon. Large pieces can go directly on the grill while smaller pieces will need to be placed in a grill pan before heating. Spray the fruit with non-stick cooking spray and grill 2-4 minutes per side.
- Pizza – Enjoy a crispy, thin crust grilled pizza. Top a pre-made pizza shell and grill until the cheese melts and toppings are heated through, about 2-10 minutes. Use sauce sparingly – too much makes for a soggy pie.
- Seafood – Try shrimp, tuna, salmon, and more. Thicker cuts of fish (tuna, swordfish, mahi mahi) can go directly on the grill rack. More tender fish (catfish, tilapia) may break apart and should be grilled in a foil pouch or in a grill pan. Grill for eight minutes per inch of thickness and until the temperature reaches 145 degrees Fahrenheit.
- Vegetables – Think bell peppers, corn on the cob, and even sweet potato fries. As with fish, thicker, sturdier veggies can go directly on the grill. More delicate veggies should be placed in a grill pan. Grill, turning often 2-10 minutes per side.

Meats and poultry – For tasty chicken, pork chops, and steaks, cook until done or the temperature reaches 165 degrees Fahrenheit. Here’s a tip from the Creson kitchen - mix one tablespoon of vegetable oil, one tablespoon of Worcestershire Sauce and one tablespoon of spicy mustard for a delicious marinade for chicken breasts.

I hope you don’t mind that I took a break this month from our series of Eat Smart, Move More – Go Green tips. However, I found this article and wanted to share it with you while we still had a few “grilling months” left. I personally started grilling more veggies this summer and highly recommend it. All you need to do is cut up your favorite veggies (yellow squash, zucchini, green and red peppers, and onions are some of my favorites to grill), put them in an aluminum pan, sprinkle a little Fat Free or Light Italian dressing over them, and grill to your satisfaction. This is a great way to get your family to eat more veggies. Trust me; it’s worked at my house! Enjoy!

September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 PI & PCRC Closed Furlough Day	5 PCRC Closed
6	7 PI & PCRC Closed Labor Day	8	9	10	11 12 PCRC Grand Opening! See page 1 for details	
13	14	15	16	17	18 Employee Appreciation Banquet See page 3 for details	19
20	21	22	23	24	25 26 Relay for Life	
27	28	29	30			

PCRC Closed September 4 - 7, 2009

Person Industries

601 N. Madison Boulevard
Roxboro, NC 27573
Phone: 336-599-7571
Fax: 336-597-2834
E-mail: wwilkerson@personcounty.net

www.personindustries.com



**People Investing
in People**

When to Seek Medical Care

If you have any flu-like symptoms, you should seek emergency care if you experience:

- *Difficulty breathing or shortness of breath*
- *Pain or pressure in the chest or abdomen*
- *Sudden dizziness*
- *Confusion*
- *Severe or persistent vomiting*
- *Flu-like symptoms improve but then return with fever and worse cough*
- *In babies, bluish or gray skin color, lack of responsiveness or extreme irritation.*