

PEvents

A monthly publication of news and views at Person Industries

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Special points of interest:

- The price of a PI Lunch will increase to \$3.00 effective April 1, 2009.
- Staff of PI will undergo CPR Training on Tuesday, April 21, 2009 at 1:00 in the PI Conference Room. Janet Hunt from Person County EMS will conduct the training.

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Pauline Porterfield Makes Her Retirement Official

Imagine waking up on a weekday morning and you don't have to go to work. You're not sick, on vacation, laid off or working a different shift. You just don't have to work anymore. YOU'RE RETIRED!!!

On April 1, 2009, that day arrived for Pauline Porterfield when she retired as job coach for Person Industries. Be assured that it had not come easily. She had worked for 30 years to make it happen, serving the children and adults with disabilities in Person County.

For this 30 year event, PI staff hosted a Retirement Celebration Dinner in her honor at the Homestead Restaurant on March 31st at 6:00 p.m. The dinner came about after intense negotiations between Pauline, who wanted no celebration event, and staff Lorri Barnett, Judith Casseday and Lisa Jeffreys, who wanted a gala celebration. The compromise event was the aforementioned dinner,

which was planned as a meal with just co-workers. But as word of her retirement grew, her former coworkers joined in the celebration plans.

Pauline started in the human services field in 1979 at the Children's Learning Center where she excelled in the classroom. She concluded her outstanding work record as a job coach with Person Industries, stationed at Person High School. The many years in between accounted for the vast experience she acquired as a work floor instructor, production manager and world's best job coach.

Pauline's career afforded her the unique experience of serving young children in the classroom of the Children's Learning Center and then serving those same individuals as they reached the Occupational Course of Study Program at Person High School. Judy Batten, who was the Director of the Learning Center at

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Top—Pauline with husband Mike, Middle—Pauline with Lorri Barnett (l) and Wanda Rogers and Bottom—Pauline with Nina Taylor (l) and Judy Batten

PI Earns Another Safety Award From NC DOL

Following our best year in safety to date, PI will receive a 10th consecutive Safety in the Workplace Award from the North Carolina Department of Labor. The award will be presented at the Annual Safety Awards Banquet sponsored by the Roxboro Area Chamber of Commerce on Tuesday, April 21, 2009 at 6:00 p.m. at the Old Country Club Steakhouse.

Vernon Dowdall, PI Health and Safety Coordinator, and Yvette Farmer, Health and Safety Committee Member, will represent PI at the banquet.

As stated, PI enjoyed a stellar year in Health and Safety at the main location. There were no recordable accidents at the 601 North Madison Boulevard location. Recordable accidents are those for which the individual

involved must receive medical attention by a qualified health care provider. Despite not receiving an award, the PI Mfg location had only two recordable accidents for the year.

PI appreciates the attention to safety from Vernon and his committee and all others who attend and work at Person Industries each day.

PI Gives Recycling Education at Oak Lane Science Fair



Lisa Jeffreys speaks to a captive audience of 4th graders at the Oak Lane School Science Fair.

The Oak Lane Science Fair was held on Friday, March 20th and it turned out to be a “blast” for the kids and for the PI Recycling Team. The day was filled with excitement for the students. The fair gave them a chance to learn about different animals, even getting a chance to hold them. They also received a visit from Chris Hohmann from Channel 11 (WTVD) News.

PI was invited to participate in the Science Fair by the Oak Lane PTA to educate the students on recycling. Lisa Jeffreys,

Becky Clayton and Wanda Rogers attended the fair and was pleased to see that the students already knew the importance of recycling with some already recycling at home.

The PI Team was scheduled to meet with kindergartners, second and fourth graders. They found the students to be extremely excited as they played games that taught them what materials could be recycled. One game that got the students very involved required that they choose items from a bag and determine if it should go into a recycling bin or trash bin. The students did very well but like most novice recyclers, they tripped on the pizza

boxes. The cardboard from pizza boxes appears to be recyclable, but because of the grease and food on the boxes, it should be put in the trash bin. This taught the students that in order for materials like glass, paper and aluminum to be recycled, it should be somewhat clean.

Lisa left other fun learning materials with the students and looks forward to participating in similar events throughout the county as part of the PI Recycling Education Program. If your school or organization is interested in learning about recycling, please contact Lisa Jeffreys at 336-599-7571 (ext 24).

“The meeting, which is mandatory, is a ‘give and take’ session...”

PI GKN Employees to Meet

PI employees who work at the GKN Facility are asked to attend the Meeting for PI GKN employees to be held at PI on Tuesday, April 21, 2009 in the PI Conference Room at 7:00 p.m.

The meeting, which is mandatory for the workers will be a “give and take” session for PI Managers and employees. Managers will have this opportunity to disburse important information about the contract, while

employees will have an opportunity to voice any concerns they have and ask relevant questions.

Dinner will be provided.

Pauline Porterfield Makes Her Retirement Official

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that time, was present to celebrate the evening with Pauline and reminded her that she had indeed come full circle. Nina Taylor, Pauline’s other co-worker from the early days at the Learning Center was present as well. Pauline’s husband of nearly 30 years, Mike Porterfield, attributed Pauline’s work maturity to the guidance she received from Judy and Nina those many years ago. Saying of Judy and Nina, “They raised her.”

Although Pauline was a mature worker when she came to PI, it was here that she answered

her calling as a job coach. Pauline was known for her outstanding ability to carve out jobs and her persistence in getting employers to open up opportunities to the students she coached.

In addition to words lamenting her departure from supervisor Judith Casseday, Pauline was presented with a gift certificate from the staff of PI. She was also presented with a photo album filled with pictures of her working past and signed by fellow staff. No send off from PI would be complete without gag gifts so Pauline was given a clever Top 10 Reasons to Re-

tire from Lisa Jeffreys, SE Coordinator and Pauline’s former supervisor. She was also given a well deserved trophy engraved with “World’s Best Job Coach” and a permanent visitor’s pass to PI. Pauline received an array of gifts from individuals as well, including a GPS system for her retirement travels from fellow Job Coach Lorri Barnett.

Pauline will be greatly missed as she embarks on her life of leisure. She is undecided about what she will do after retirement but she is certainly happy to have made it to the end of her 30 year countdown.



Top— Pauline (R) with Supervisor Judith Casseday, Middle— Pauline with Carolyn Walters (R), Bottom— Pauline with Lisa Jeffreys (L)

PI Staff Attend Recycling Conference

On March 24—26, 2009, PI staff members Becky Clayton and Lisa Jeffreys represented PI at the Carolina Recycling Association Recycling Training. The training was held in Spartanburg, SC and the registration was paid by a scholarship from the North Carolina Division of Pollution Prevention and Environmental Assistance.

Becky Clayton, speaking on behalf of both attendees, said the training was right on target for what PI needs right now with the development of the MRF. They learned an immense amount about all facets of recycling, the most useful of which was the workplace safety issues. Becky said they learned

that although there are no laws written specifically for the MRF, OSHA presenters were able to clearly delineate how current laws impact such a facility. They had the added benefit of being able to network and develop resources and contacts with individuals in the trade.

The training was a part of the annual conference and trade show for the association, which PI is now a member. Becky and Lisa are already looking forward to next year's conference.



**Becky Clayton (top),
Lisa Jeffreys (bottom)**

PI Annual Report Now Available

Each year PI produces an annual report to show our accomplishments for the year in sales and services. The report will then be used by others who want more information on PI. The 2008 Annual Report is now available for our stakeholders and for any others to view.

The report is not yet available on the Person Industries website but should be in added in the next few months.

Anyone wanting a copy of the report should contact Veronica Wilkerson via e-mail at vwilkerson@personcounty.net. The report will be sent to you as a pdf attachment.

Words of Wellness



**Leigh Ann Creson,
Health Promotion
Coordinator
Person County
Health Department**

Frozen foods are a money saver and many (like fruits and vegetables) are packed with nutrients. Not to mention, they are convenient. But it's not always easy to know which are the healthiest to buy. Armed with these tips, you can eat smart by saving time, money and your waistline.

Keep it simple. Stick with the basics – fruits and vegetables. Stock up on vegetables you can add to soups, lunches, and dinners. Frozen fruits can be added to cereal or blended to make a quick breakfast smoothie. Add frozen berries to yogurt for a healthy dessert.

Watch out for sauces. Sauces add extra calories and can pack on the pounds. They also can have hidden sodium and sugar. Choose frozen fruits and vegetables without any added sauces or syrups.

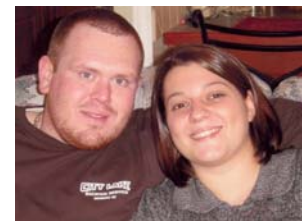
Choose lean protein. All you need are the basics for a quick weeknight meal. Chicken, fish, seafood and lean meats are all available in the freezer section and are great to have on hand for a fast dinner. Simply add vegetables and a side of brown rice or whole grain pasta.



Up Close at Person



- We send our condolences to PI Employee David Gentry on the loss of his grandfather, Julian C. Horton. Mr. Horton died on Wednesday, March 25, 2009 at Person Memorial Hospital.
- We send get well wishes to Alison Folley, PI Job Coach. Alison is recovering at home from major surgery. We wish her a speedy recovery.
- Sarah Reid and Annie Gibson, PI Job Coaches, will host an information session on Verve and Vemma at Piedmont Community College on Monday, April 20, 2009 at 7:00 p.m. in the Bob Timberlake Gallery. Vemma and Verve are nutrition supplement drinks sold by individuals as a personal business. If you have questions, please contact Sarah at 336-503-9794.
- Congratulations to Ashley Rogers, daughter of PI Director, Wanda Rogers on her engagement to Kelly Clayton. Ashley and Kelly plan a July 11, 2009 wedding. Ashley is a 2008 graduate of UNC-G and is employed as a special education teacher at Person High School. Ashley is also a former employee of Bee-Line Designs.



**Engaged
Kelly Clayton and Ashley
Rogers**

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Tips to Control Stress and Work Safely

- Learn to manage time better to avoid last minute deadlines
- Learn to complete your work in order of priority, doing the most important things first
- Talk things over with someone you trust. This helps you by letting off steam, and you may come up with solutions.
- Learn to focus on solutions rather than problems. Instead of just complaining about what is wrong, try to find ways to fix it.
- Learn some specific stress reduction skills. Many people find relief from stress by practicing techniques such as deep breathing, progressive relaxation or even meditation.
- Get regular exercise.
- Eat regular balanced meals.
- Get enough sleep.

April 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 Palm Sunday	6	7 Special Olympics Person High School Football Field	8	9	10 Good Friday PI Closed to Staff and Em- ployees	11
12 Easter	13	14	15	16	17	18
19	20	21 CPR Training PI Conference Room 1:00 p.m.	22	23 Admin Prof Day	24	25
26	27 Production Meeting PI Conference Rm 2:30 p.m.	28	29	30 CAP Meeting PI Conference Rm 8:00 a.m.		



People Investing in
People